The first edition of this book gained recognition as the definitive textbook of diabetes epidemiology. The second edition builds on this success, gathering recent information on international trends and data for diabetes mellitus.

The book highlights the dramatic rise of Type 2 diabetes in children, adolescents and the elderly throughout the world. One new section features prevention and screening of both Type1 and Type 2 diabetes. Other new chapters cover the epidemiology of obesity and the impact of nutrition, and review available guidelines for better worldwide glycemic control. Future challenges, including the effects of antipsychotic treatment and HIV infection and therapy on diabetes, are also addressed.

All chapters have been completely revised and updated, covering:
- definitions, classification and risk factors for diabetes
- new evidence for screening and prevention of Type 1 and Type 2 diabetes
- epidemiology of complications and associated risk factors
- economic aspects: the direct and indirect costs of diabetes.