This completely revised third edition of Fast Facts: Contraception provides a concise and practical review of all the available contraceptive methods on the market in a highly readable well-illustrated format.

One of the major roles of anyone working in sexual health is that of educator, and many people rely on well-informed healthcare professionals to help them choose the most appropriate method of contraception. Highlights of this comprehensive handbook include:

* a commonsense approach to the contraception consultation
* fully updated information on recently licensed products
* discussion of the risks, benefits and contraindications for all contraceptive methods.

Fast Facts: Contraception is an invaluable resource that will help healthcare professionals and specialists offer a broader range of contraceptive methods along with appropriate advice on the most suitable options.