Provides a comprehensive overview of the issues facing children's nurses today. This book will support you to identify best practice and demonstrates how standards and high quality care can be assured. The book supports the student and nurse with information on fundamental principles of contemporary children's nursing, including: - family-centred care, safeguarding, and the need for a culturally sensitive and rights-based approach to care. - pain management, transitional care and restraint. - the wide range of general and specialist children's care settings, including schools, the community, and mental health. - building your portfolio and advancing in your practice and career. All chapters are written by a team of experts from across the UK, and are underpinned by current policies and the latest research. With key points, reflective points, principles for practice boxes, case studies and illustrations to aid learning, this is an essential text for all children's nursing students, as well as a useful reference for qualified nurses looking to update their practice.