Acupuncture and Moxibustion for Insomnia

This book explores the clinical principles, characteristics, and therapies of insomnia from a Chinese medicine perspective. Included are modern research results, quotes from classical texts, clinical experiences and case studies, and preventative healthcare tips.

Publication Year: 2011
Edition: 1
Author/Editor: Sun; Zhong-ren; Yuan-zheng
Publisher: People's Medical Publishing House
ISBN: 978-7-117-13064-6
Platform: Ovid
Product Type: Book
Speciality: Acupuncture-Moxibustion/Tui Na
Language: English
Pages: 132
Illustrations: 0