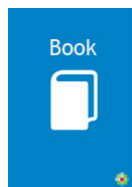


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Counseling Adults in Transition: Linking Schlossberg's Theory With Practice in a Diverse World

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The only textbook explicitly designed to address counseling with adults who are coping with individual, relationship, and work transitions, this volume integrates the basic tenets of adult development with therapeutic practice. It is based on Schlossberg's theory of transitions, a new process and content model that offers effective techniques for helping adults to understand and successfully navigate normal life transitions.

This revised edition addresses contemporary societal ills that exacerbate adult life transitions, such as a tumultuous economy, increased unemployment, bankruptcies, and foreclosures, and focuses on our increasing racial and cultural diversity. The volume also expands its consideration of spiritual and social justice issues and provides a more integrated and holistic approach to adult transitional counseling.

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