A perfect reference for students, the book serves as a natural bridge between the DSM-IV-TR and the ICF. Students will learn the utility of using the ICF's biopsychosocial approach for conceptualizing mental health functioning (body functions and structures), disability (activity limitations and participation restrictions), and contextual factors (environmental and personal factors). The ICF's collaborative approach presents students with a conceptual framework that guides the selection of appropriate interventions and informs the evaluation of treatment efficacy.