The book addresses the unique losses that may be faced by Hispanics, particularly newcomers who must adapt to a different language and unfamiliar customs. It focuses on such important cultural considerations as styles of verbal and nonverbal communication, personal space, social organization, environmental control factors, and the significance of gender. Competency-based models and Latino-specific counseling frameworks are integrated into the text, along with the historical and political context from which they arise. Numerous practical recommendations for improving quality of care are provided, with specific attention given to the great diversity of cultures within the Hispanic population, and the need for counselors to take these variations into consideration.