Films are a powerful medium for teaching students of psychology, social work, medicine, nursing, counseling, and even literature or media studies about mental illness and psychopathology. Movies and Mental Illness, now available in an updated edition, has established a great reputation as an enjoyable and highly memorable supplementary teaching tool for abnormal psychology classes. Written by experienced clinicians and teachers, who are themselves movie aficionados, this book is superb not just for psychology or media studies classes, but also for anyone interested in the portrayal of mental health issues in movies.

The core clinical chapters of Movies and Mental Illness each use a fabricated case history and Mini-Mental State Examination along with synopses and scenes from one or two specific, often well-known films to explain, teach, and encourage discussion about the most important disorders encountered in clinical practice.