This book is essentially split into two halves. The first half deals with the management of general trauma topics, which are primarily the life-threatening issues. These are dealt with in a didactic, systematic approach, including which procedures to perform to preserve life and limb, and also when to contact senior help.

The second half of the book is dedicated to the recognition and management of the common fractures and emergency orthopaedic conditions which are encountered in day-to-day practice. There is didactic detail on how to immobilise fractures, and guidance on who can be sent home and who needs to be admitted.