Autism Spectrum Disorder

Compact, authoritative guide to effective diagnosis and empirically supported treatments for autism spectrum disorder.

The book starts by reviewing DSM-5 and ICD-10 diagnostic criteria, current theories and models, and prevalence rates for ASD and related neurodevelopmental disorders. It explains the differences between the disorders and changes in criteria and names (such as Asperger’s syndrome, childhood and atypical autism, pervasive developmental disorder, Rett’s syndrome) over time. It then provides clear guidance on evaluation of ASD and comorbidities, with practical outlines and examples to guide practice.

The core of the book that follows is a clear description of current interventions and their empirical support, including psychosocial, pharmacological, educational, social skills, and complementary/alternative treatments. Clinical vignettes and marginal notes highlighting the key points help make it an easy-to-use resource, incorporating the latest scientific research, that is suitable for all mental health providers dealing with autism spectrum disorder.

Publication Year 2015
Edition 1st Ed.
Author/Editor Joseph, Lisa; Soorya, Laatha; Thurm, Audrey
Publisher Hogrefe Publishing GmbH
ISBN 978-0-889-37404-1
Doody's Star Rating® ★★★★★ Score: 97
Platform Ovid
Product Type Book
Speciality Child Development Psychology
Neuropsychology
Psychotherapy
Language English
Pages 100
Illustrations 0
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Ovid Neonatal, Pediatrics and Child Development Collection