Modern Nutrition in Health and Disease

A complete, authoritative reference on nutrition and its role in contemporary medicine, dietetics, nursing, public health, and public policy.

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Modern Nutrition in Health and Disease, 11th Edition, offers coverage of nutrition's role in disease prevention, international nutrition issues, public health concerns, the role of obesity in a variety of chronic illnesses, genetics as it applies to nutrition, and areas of major scientific progress relating nutrition to disease.

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