Translating Psychological Research Into Practice

This accessible reference will assist clinicians in easily incorporating findings from current evidence-based research into their day-to-day practice.

It bridges the gap between empirical research and the needs of practicing clinicians or clinicians-in-training, who often don't have the time or background to consult the extensive research literature.

The guide provides concise, easily digestible summaries of the most current research regarding interventions—both psychotherapeutic and medical—for over 80 of the most common clinical disorders and mental health issues. These summaries present research that has been translated by experienced clinicians into practical advice that can be easily incorporated in therapeutic practice.

Publication Year          2013
Edition                    1st Ed
Author/Editor              Grossman, Lisa; Walfish, Steven
Publisher                  Springer Publishing Company
Doody's Star Rating®      ★★★★★ Score: 92
Platform                   Ovid
Product Type               Book
Speciality                 Clinical Psychology
                           Cognitive Psychology
                           Psychotherapy
Language                   English
Pages                      656
Illustrations              0