The first book to encompass adult-gerontology practice guidelines for primary care, this comprehensive resource is designed as a text and reference for health care practitioners specializing as adult-gerontology nurse practitioners (A-GNP).

It provides current national practice guidelines for delivering high-quality primary health care to adult, older adult, and pregnant patients in the outpatient setting. The book delivers chapters that focus on the older adult person, including a chapter describing the major effects of aging on each body system.

Key features:
- Focuses specifically on the adult, older adult, and pregnant patient populations
- Delivers consistent presentation of more than 240 disorders by body system for ease of access
- Step-by-step review of 19 commonly used procedures
- "Practice Pointers" indicate highly important care points
- Includes more than 140 extensive Patient Teaching Guides for "take home" information
- Useful as a review text when preparing to take the A-GNP certification course and exam