Geared specifically toward sports medicine orthopaedists, this multi-contributed, well-illustrated surgical text focuses on diagnosis, surgical management, and rehabilitation of elbow injuries in athletes. The editors are renowned experts in the treatment of athletic injuries, and the contributors are considered top elbow surgeons throughout the world. Chapters describe the most advanced and successful treatment techniques, including the recent changes in ligament repair, elbow arthroscopy, and approaches to instability. Each chapter is formatted for consistent presentation of information and is accompanied by editors' comments, discussing alternative treatments and controversial issues.