Gain a more in-depth understanding of the very common, and sometimes perplexing, injuries to the articular cartilage in the knee.

This important title reviews basic science and clinical research, and outlines the most current surgical treatment options. Beginning with nonsurgical modalities and extending to emerging technologies, this book presents state-of-the-art techniques for a variety of complex knee cartilage conditions including focal chondral defects, meniscal deficiency, and malalignment.

In addition to the latest surgical treatment options, this concise resource also covers pathology, indications, and post-operative care. Orthopaedic surgeons, sports medicine physicians, and allied health professionals caring for knee injuries will find this monograph useful as both a reference and as an everyday guide to diagnosis and treatment.