For positive, cost-effective outcomes, few other treatments compare to nutrition therapy. From macro- and micronutrients to methods of intervention among different patient groups, this guide provides a comprehensive evidence-based foundation.

Nutrition therapy is an essential component of effective diabetes management. Healthcare providers need to stay current on new developments in nutrition therapy and specific interventions for a wide range of patient populations and special circumstances in order to provide the best possible outcomes for their patients. Revised and updated to incorporate the latest research and evidence-based guidelines, the third edition of the American Diabetes Association Guide to Nutrition Therapy for Diabetes is a comprehensive resource for the successful implementation of nutrition therapy for people with diabetes.

Topics covered include:

- Macronutrients and micronutrients
- Nutrition therapy for pregnant women, youth, older adults, and people with prediabetes
- Nutrition therapy for hospitalized and long-term care patients
- Celiac disease, eating disorders, and diabetes complications
- Cost-effectiveness of nutrition therapy, health literacy and numeracy, and community-based diabetes prevention programs

Publication Year: 2017  
Edition: 3rd Ed.  
Author/Editor: Franz, Marion J.; Evert, Alison B.  
Publisher: American Diabetes Association  
Platform: Ovid  
Product Type: Book  
Specialty: Endocrinology & Metabolism, Nutrition & Dietetics, Nutrition/Diet Therapy  
Language: English  
Pages: 646  
Illustrations: 0  
Included In: ADA Book Collection 2018/2019