Introduction to Psychotherapies is the leading introductory text to the field. In short, accessible, chapters by leading practitioners, it outlines the leading therapies, noting for each one the definitions, aims, assessment, and practice, coupled with the essential references. For this edition the chapters have been extensively revised and updated.

Publication Year: 2006
Author/Editor: Sidney Bloch
Publisher: Oxford University Press (OUP)
ISBN: 978-0-198-52092-4
Platform: Ovid
Product Type: Book
Speciality: Clinical Psychology
Psychiatry
Language: English
Pages: 464
Illustrations: 0