Identifying and Understanding the Narcissistic Personality is the first integrated clinical and empirical guide to assist clinicians in their work with narcissistic patients.

Narcissists have been much maligned, but according to clinicians who study personality, there are many productive narcissists who succeed spectacularly well in life because they can articulate a vision and make others follow.

Elsa Ronningstam, who has been studying and treating narcissists for 20 years, presents fascinating case histories, showing readers the inner life of narcissists, and the tug of war that exists within them between self-confidence and arrogance on the one hand and painful shame and insecurity on the other.