Psychotherapy for Children and Adolescents: Directions for Research and Practice

This work is recommended to clinicians and researchers, as well as to health planners concerned about whether psychotherapy is a useful form of medical treatment.

This thoroughly updated book explores the current status and future directions of psychotherapy for children and adolescents and retains a balance between practical concerns and research, reflecting many of the new approaches that have appeared in the past ten years. It is perfect for psychologists, psychiatrists, and all mental health practitioners.