Ovid Techniques in Sports Medicine

Offers step-by-step instructions on techniques for performing common and complex sports medicine procedures in the upper and lower extremities.

Experts who have developed or perfected techniques guide the reader in stepwise detail through each procedure.

Where appropriate, the book covers both open and arthroscopic techniques for each injury or problem. Coverage includes the most current and cutting-edge techniques as well as traditional tried and true procedures in operative sports medicine.