Handy, practical guide provides clinicians with a comprehensive approach to the medical management of overweight children and adolescents.

Coverage begins with the epidemiology, pathophysiology, and developmental aspects of child and adolescent obesity and a guide to evaluation of obese children. Subsequent chapters address respiratory, cardiovascular, endocrine, metabolic, orthopaedic, gastrointestinal, renal, and neurologic complications and comorbid conditions as well as mental health issues, acute obesity-related emergencies, and obesity as part of genetic syndromes. Pathophysiology is linked to clinical presentation, evaluation, and treatment, and lifestyle issues are discussed where appropriate. Highlighted boxes and algorithms help clinicians find and digest information quickly.