Provides a conceptual framework and rationale—based on scientific, theoretical, and empirical evidence for combining cognitive behavior therapy with hypnotherapy in treating clinical depression.

The conceptual framework the Circular Feedback Model of Depression allows clinicians to adopt an evidence-based practice in psychotherapy, integrating the best research with clinical expertise in the context of patient characteristics, culture, and preferences. The book offers detailed guidance in applying empirically supported principles of psychological assessment, treatment protocols, therapeutic relationship, and intervention.

Publication Year: 2007
Edition: 1st Ed.
Author/Editor: Assen Alladin PhD
Publisher: Lippincott Williams & Wilkins (LWW)
Doody's Star Rating®: ★★★ Score: 74
Platform: Ovid
Product Type: Book
Speciality: Clinical Psychology, Psychiatric/Mental Health Nursing, Psychiatry, Psychopharmacology
Language: English
Pages: 230
Illustrations: 2
Included In: Lippincott Williams & Wilkins Classic Book Collection 2018, Lippincott Williams & Wilkins Pharmacology Book Collection