Child and Adolescent Psychiatry: The Essentials, second edition presents comprehensive yet practical information about psychiatric problems in children and adolescents that can be used in a wide variety of clinical settings.

Written by both psychiatrists and primary care providers, this concise and readable text is divided into four sections on evaluation, specific disorders, special issues, and treatment. Clinical case studies reinforce the major points in each chapter and tables present at-a-glance information on psychotropic drugs for various disorders.

This edition has fifty percent new contributing authors, more information on evaluating polypharmaceutic approaches, and new chapters on fetal alcohol syndrome, nutritional psychiatry, and evidence-based psychotherapies.