Improve your understanding and refine your treatment of the most common elbow injuries seen in patients.

The Athlete's Elbow will prove a valuable resource for all orthopaedic surgeons, shoulder and elbow specialists, and sports medicine practitioners who manage elbow problems as a result of activity and over-use.

This concise, one-stop resource can be used as a reference in evaluating, treating, and counseling patients with soft-tissue elbow disorders such as ligament tears, tendon tears, and stiff elbow. Recognized leaders and innovators in the field of elbow surgery explore various treatments and instruct on the best approach to help you achieve a successful outcome for your patient.

The Monograph Series draws on current literature to support diagnosis, initial treatment, and management decision making for specific orthopaedic conditions.