This psychiatric nursing guide will help you master the assessment, management, and recovery of your mental health patients. Part of the popular and award-winning Made Incredibly Easy series, this newly updated edition clarifies the complexities of psychiatric nursing, providing an oasis of down-to-earth wisdom and guidance.

Seasoned experts in psychiatric-mental health nursing present symptoms, causes and diagnostic methods for more than 70 psychiatric disorders describing the latest in treatment approaches, psychopharmacology, and nursing interventions. Numerous helpful patient care tips are offered in a reader-friendly format and positive tone, interlaced with the series’ trademark humor. This is an encouraging and insightful reference for students and nurses of all specialties and skill levels.

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