Natural Medications for Psychiatric Disorders: Considering the Alternatives

Updated for its second edition, this book is the only reference to focus exclusively on natural medications in psychiatry.

Eminent psychiatrists from the Massachusetts General Hospital and other leading institutions examine current scientific and clinical data on the applications, effectiveness, and safety of natural psychotropics and acupuncture. Quick-reference tabular appendices list indications, contraindications, dosages, combinations, and drug-drug interactions for each remedy.

This edition includes brand-new chapters on acupuncture, homeopathy, and therapies for substance dependence and weight management. The chapter on polypharmacy and side effect management addresses the growing issue of drug-drug interactions. New introductory chapters discuss complementary and alternative medicine in society and examine research limitations and quality assurance issues.

Publication Year 2008
Edition 2nd Ed.
Author/Editor Mischoulon, David; Rosenbaum, Jerrold F.
Publisher Lippincott Williams & Wilkins (LWW)
ISBN 978-0-781-76762-0
Doody's Star Rating® ★★★ Score: 86
Platform OvidMD, Ovid
Product Type Book
Speciality Advanced Practice
Alternative & Complementary Medicine
Nurse Practitioner
Primary Care/Family Medicine/General Practice
Psychiatric/Mental Health Nursing
Psychiatry
Psychology
Psychopharmacology
Language English
Pages 336
Illustrations 32
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