The first in a series of practical books for clinicians setting out the options for effective management of chronic disease, this volume presents a comprehensive review of current management options with the Latest guidelines on clinical management reviewed by leading authors.

There have been enormous advances in knowledge and understanding of the scientific and clinical aspects of osteoporosis over recent years. How do these advances translate into clinical practice, and in particular, how do we manage the continuing risk, or presence, of osteoporosis? Prevention and management involve maximizing bone strength, optimizing diet, preventing falls, reducing the impact of falls and fractures, and understanding the potential psychological repercussions of the disease. This comprehensive review volume examines all these aspects, and provides clinicians with a thorough understanding of the factors which will enable them to formulate an appropriate strategy for treatment and long-term management for each individual patient.

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