Diabetes and the Metabolic Syndrome in Mental Health

Written by a multidisciplinary group of psychiatrists, endocrinologists, pharmacists, and dietitians, this handbook is a practical guide to the prevention and management of diabetes in patients with mental illnesses. Chapters examine the prevalence of diabetes in patients with various mental illnesses. Close attention is given to the link between psychotropic medications—including antidepressants, mood stabilizers, and second-generation antipsychotics—and the development of obesity, diabetes, lipid abnormalities, and other metabolic disorders.

The book offers guidance on nutritional and other interventions for preventing obesity and diabetes and on monitoring and management of patients with diabetes. An appendix provides useful patient education handouts.

Publication Year: 2008
Edition: 1st Ed.
Author/Editor: Jennifer A. Rosen; Donna A. Wirshing
Publisher: Lippincott Williams & Wilkins (LWW)
ISBN: 978-0-781-78270-8
Doody's Star Rating®: ★★★★★ Score: 91
Platform: OvidMD, Ovid
Product Type: Book
Speciality: Endocrinology & Metabolism, Psychiatric/Mental Health Nursing, Psychiatry, Psychology, Psychopharmacology
Language: English
Pages: 160
Illustrations: 7
Included In: Lippincott Williams & Wilkins Classic Book Collection 2018, Lippincott Williams & Wilkins Pharmacology Book Collection