Prepared by the residents and faculties of the renowned Massachusetts General Hospital and McLean Hospital, this pocket handbook is packed with succinct, practical, accessible information on the diagnosis and treatment of psychiatric disorders.

The book is written in a quick-scanning outline format with boxes, tables, and lists to provide high-yield information at a glance. Major sections include psychiatric emergencies, symptom-based diagnosis and treatment, special populations, and treatment approaches including psychopharmacology.