Emotions: A Brief History investigates the history of emotions across cultures as well as the evolutionary history of emotions and of emotional development across an individual's life span.

In clear and accessible language, Keith Oatley examines key topics such as emotional intelligence, emotion and the brain, and emotional disorders. Throughout, he interweaves three themes: the changes that emotions have undergone from the past to the present, the extent to which we are able to control our emotions, and the ways in which emotions help us discern the deeper layers of ourselves and our relationships.

Publication Year  2004
Edition          1st
Author/Editor    Oatley, Keith
Publisher        Wiley
ISBN             978-1-405-11314-4
Platform         Ovid
Product Type     Book
Speciality       Social Psychology
Language         English
Pages            208
Illustrations    0
Included In      Wiley Psychology Book Collection