Lymphoedema is managed most successfully when advice and treatment are provided at an early stage of its development. This book provides all the necessary knowledge and the skills required to identify risk factors for the development of the disease and to equip the health care professional in providing the best advice to the patient.

As well as examining the physical signs and symptoms of lymphoedema, the book explores the different types of lymphoedema and reasons for its development. It includes a framework for the assessment of the person with lymphoedema, addresses skin care, compression, and the role of exercise and movement in lymphoedema management. It also examines potential complications of the condition and possible effects upon a patient’s lifestyle.

Lymphoedema Care is an invaluable resource for students, nurses and other health professionals wishing to understand more about lymphoedema:
- Promotes care of the ‘at risk’ limb in order to minimize problematic swelling
- Enables nurses to identify complications and recognise the need for referral
- Includes case studies