Aggression Replacement Training (ART), which is being increasingly adopted worldwide, is a cognitive-behavioral intervention targeted to aggressive adolescents and children. The outcome of the first major conference on the growing status of ART and its future directions, this book's coverage includes the cognitive-behavioral context of ART, the component procedures, various training approaches and program applications, research evaluations and 'extensions and elaborations.'

Aggression Replacement Training (ART) is an evidence-based, cognitive-behavioral intervention for use with aggressive children, adolescents and adults. In response to its growing popularity and dissemination, Arnold Goldstein and Rune Nensén formed the International Center for Aggression Replacement Training (ICART).

New Perspectives on Aggression Replacement Training brings together the leading experts in this area to review the most recent implementations of ART in the US, the UK and Europe.

Various chapters cover:

- the three component parts of ART: Skillstreaming, Anger Control Training and Moral Reasoning Training
- powerful and user-friendly program applications
- the most recent training approaches at agency, university and governmental levels
- research evaluations of effectiveness
- multiple examples of ongoing studies.

This timely publication will be of interest to practitioners such as clinical and forensic psychologists, psychiatrists, counsellors, social workers, criminal justice and youth workers.