Intermediate and Continuing Care: Policy and Practice

This edited volume explores policy, practice and current issues in intermediate and continuing care. It falls in three parts: intermediate care, continuing care, and a shorter section on patient and public involvement and future directions.

Intermediate care comprises strategies which allow early discharge from acute care, prevent admission or re-admission to acute care and avoid bed-blocking in both acute and long-term residential care. It encompasses a range of short-term options including rapid response, hospital at home, residential rehabilitation, supported discharge and day rehabilitation. Continuing Care is delivered on a long-term basis in a variety of settings and often includes an element of rehabilitation.

Although these two types of care have distinct objectives, they are interrelated as changes in the supply of one type of care may affect demands for the other. In addition, from a patient perspective, intermediate and continuing care might be seen as part of the continuum of care options that are supplied to meet their needs. This book argues for consideration of intermediate and continuing care as part of the care continuum that provides integrated care adopting whole system approaches. It will be of interest to all health and social care professionals involved in the provision and planning of care for older people.

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