

Ovid®

## Family-Focused Behavioral Pediatrics

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A manual of family-oriented approaches

This first-of-a-kind, easy-to-use manual describes practical, family-oriented approaches for the evaluation and management of common behavioral and interaction problems that are often resistant to child-centered approaches. These problems--e.g., tantrums, sleep problems, non-compliance, parent-child conflict, parenting disagreements, and social-emotional complications of ADHD and learning problems--affect and/or arise in the family. Physicians, nurse practitioners, psychologists, and school counselors can implement these techniques in the office, specifically how to: identify problems suitable for a family-oriented approach, conduct family meetings, help families improve their communication and adaptive behaviors, deal with disappointments and difficult families, support parents, code and document for reimbursement, and make a mental health referral.

Publication Year	2001
Edition	1st Ed.
Author/Editor	Coleman, William Lord
Publisher	Lippincott Williams & Wilkins (LWW)
ISBN	978-0-781-72857-7
Doody's Star Rating®	★★★ Score: 68
Platform	OvidMD, Ovid
Product Type	Book
Speciality	Pediatrics Psychiatry Psychology
Language	English
Pages	322
Illustrations	14
Included In	Lippincott Williams & Wilkins Classic Book Collection 2018