With a focus on the main population for which conduct disorder is a problem—children and adolescents—this book not only looks at the history of diagnosis in this population, but uses one case study to investigate several up-to-date treatments used by thirteen practicing clinicians from different theoretical orientations.

Explore why children in the same environment as a child with conduct disorder are more affected than the child diagnosed with the problem. Delve into the reasons most practicing clinicians of conduct disorder are influenced more so by the persons they treat and their desire to refine theoretical understanding of others and improve their methods of helping than by empirical research.

With the increasing need to effectively address conduct-disordered youth, this book offers a comparative analysis of eight distinctive theoretical and practical interventions by expert therapists of one case study of conduct-disordered youth.

Coverage of each treatment includes:
- Overview of the model
- Establishment of treatment goals
- Discussion of assessment procedures
- Specific clinical interventions

In addition, a comparison grid offers a summation and comparison of the eight treatment models for use in developing and enhancing patient-tailored treatment approaches.