The second edition of this popular textbook continues to demonstrate the application of theory to nursing practice, presenting a clear strategy for choosing and applying specific theories to specific clinical situations.

Each chapter in Theory-Directed Nursing Practice follows a common format: a case is presented, along with several possible theories that might be applied to it. Each theory includes a concise description, with references and recommended readings for those who want more in-depth coverage. Finally, one theory is selected for each case and is described in detail, ultimately creating a nursing care plan, with support from the theory. In all, nearly 10 middle-range theories are presented.

New to this edition is a selection in each chapter about research supporting the theories discussed. In recognition that a case study format can not encompass all practice circumstances, the final chapter provides the framework for using the strategy in any clinical situation.