100 Questions & Answers About Your Child's Obesity

An authoritative and user-friendly guide that will enhance parents' knowledge of obesity, and answer questions about causes, diagnosis, treatment options, and the prognosis for children with obesity.

Childhood obesity has become a very common condition and can often lead to serious physical and emotional complications as the child grows up. If you are the parent, caregiver, or loved one of a child who is battling obesity, this unique and simple guide can offer help.

Written by a gastroenterologist/pharmacologist and a child psychiatrist, and with contributions from actual parents of overweight children, this book is an excellent resource of learning about how to live a healthier lifestyle and to cope with the medical, emotional, and everyday aspects of childhood obesity.

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<th>Publication Year</th>
<th>2010</th>
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<tbody>
<tr>
<td>Edition</td>
<td>1st Ed.</td>
</tr>
<tr>
<td>Author/Editor</td>
<td>Cobert, Barton; Cobert, Josiane</td>
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<tr>
<td>Publisher</td>
<td>Jones &amp; Bartlett Learning</td>
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<tr>
<td>Platform</td>
<td>Ovid</td>
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<tr>
<td>Product Type</td>
<td>Book</td>
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<tr>
<td>Speciality</td>
<td>Endocrinology &amp; Metabolism</td>
</tr>
<tr>
<td>Language</td>
<td>English</td>
</tr>
<tr>
<td>Pages</td>
<td>184</td>
</tr>
<tr>
<td>Illustrations</td>
<td>0</td>
</tr>
<tr>
<td>Included In</td>
<td>Jones &amp; Bartlett 100 Q &amp; A's Book Collection</td>
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