Nursing From The Inside-Out: Living And Nursing From The Highest Point Of Your Consciousness

Provides holistic self-care modalities that allow the nursing professional to achieve self-awareness through individual practice and application.

Self-care consciousness helps nurses create the balance in their lives that support mental, spiritual, and physical growth. Through use of these tools, the nurse is able to maintain inner balance in the busy and changing world of healthcare, while simultaneously establishing meaningful connections with patients.

Publication Year: 2010
Edition: 1st
Author/Editor: Hill, Rachel Y.
Publisher: Jones & Bartlett Learning
Doody's Star Rating®: ★★★★☆ Score: 94
Platform: Ovid
Product Type: Book
Speciality: General Interest Nursing
Issues & Trends in Nursing
Management & Administration
Practical/Vocational Nursing
References
Research & Theory
Skills & Procedures
Language: English
Pages: 298
Illustrations: 0
Included In: Jones and Bartlett Nursing Books Collection