This book contains more than 75 strategies and resources to enhance professional services and caring. Created from interviews with nurses, educators, doctors, social workers, chaplains and long-term care administrators, this book and its companion Facilitator’s Guide are designed to present a wide array of practical concepts, resources, and higher education and training programs which you can apply to your professional practice and/or your personal situation.

Caregivers will learn about the nature of elder hood, not only in terms of growing problems and diminishment, but in promoting transformational elderhood as a time of life that is also marked by social, psychological, and spiritual expansion.