
Designed not as a manual but as a helpful key to bringing diabetes patients back to a healthier life.

This clear and thorough book, especially designed for diabetes patients, introduces the basics of Chinese medicine treatment by describing helpful dietary advice and exercise, and provides step-by-step Chinese treatment methods. Topics range from prevention through diet, exercise, acupuncture, herbs, tui na massage, and more.

Publication Year: 2007
Edition: 1st
Author/Editor: Li, Xiao-li; Stimson, Carl
Publisher: People's Medical Publishing House
ISBN: 978-7-117-09119-0
Platform: OvidMD, Ovid
Product Type: Book
Speciality: Endocrinology & Metabolism
Patient Education
TCM-Internal Medicine
Language: English
Pages: 180
Illustrations: 0
Included In: PMPH China All Books Collection 2013