Written by well-known experts in the field, this is the first book dedicated to dealing with the single most challenging management issue in long-term steroid therapy. This unique book reviews important new advances in therapeutics and provides the clinician with the most up to date information on one of the most significant therapeutic challenges to effective management of these diseases. It is an invaluable resource for all postgraduate students and specialist physicians in pulmonology allergy and asthma, and also appeals to workers in biomedical and pharmaceutical research.