Psychological Responses to Eating Disorders and Obesity: Recent and Innovative Work

This edited book brings together many of the most distinguished researchers and clinicians in the field of food misuse.

The papers included are drawn from the conferences on psychological approaches to eating disorders and obesity held at the University of Hertfordshire in 2005 and 2006. It presents current research while focusing on the application of this new knowledge.

It covers both eating disorders and obesity in one volume, thus positioning obesity firmly at one end of the food misuse continuum. Chapters will cover subjects such as psychological and cultural aspects of food use, using CBT for treating eating disorders, and CBT group therapy for obesity.

Publication Year: 2008
Edition: 1st
Author/Editor: Buckroyd, Julia; Rother, Sharon
Publisher: Wiley
Platform: Ovid
Product Type: Book
Speciality: Clinical Psychology
Language: English
Pages: 204
Illustrations: 0
Included In: Wiley Psychology Book Collection