Happiness: Unlocking the Mysteries of Psychological Wealth

Utilizing sophisticated methodology and three decades of research by the world's leading expert on happiness, this book challenges the present thinking of the causes and consequences of happiness and redefines our modern notions of happiness.

Publication Year 2008
Edition 1st
Author/Editor Diener, Ed and Biswas-Diener, Robert
Publisher Wiley
ISBN 978-1-405-14661-6
Platform Ovid
Product Type Book
Speciality Social Psychology
Language English
Pages 304
Illustrations 0
Included In Wiley Psychology Book Collection