Sleep Disorders in Neurology: A Practical Approach

Formulate treatment plans with confidence when you consult Sleep Disorders in Neurology, a helpful overview of both common and rare neurological disorders that are frequently accompanied by significant sleep disturbances.

This concise guide explains when to consult a sleep specialist in managing a particular sleep disorder and draws on the expertise of neurologists who specialize in the disorders under discussion. This practical guide is fully illustrated and easily digested, providing a counterpoint to large encyclopedic reference volumes. The authors take you from history taking and diagnostic testing, to pharmacological and non-pharmacological treatment options, and are joined by disease sub-specialists in the chapters on disease specific sleep disturbances and the effects of common neurological medications on sleep.

This book is essential for sleep medicine specialists, as well as for clinicians and health care professionals not specifically trained in sleep medicine, but who nevertheless need to manage neurologically damaged patients with increasingly recognized sleep-wake disturbances.

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