Developing and Delivering Practice-Based Evidence: A Guide for the Psychological Therapies

Promotes a range of methodological approaches to complement traditional evidence-based practice in the field of psychological therapies.

This book represents the first UK text to offer a coherent and programmatic approach to expand traditional trials methodology in the field of psychological therapies by utilizing evidence gained by practitioners. It includes contributions from UK and US scientist-practitioners who are leaders in their field, and features content appropriate for practitioners working alone, in groups, and for psychological therapy services.