Counselling and Helping

An indispensable introduction to the core principles of counselling for those interested in counselling and those considering training

This book describes the main styles of counselling, provides an excellent framework for helping, and introduces some of the approaches and key tools used within a counselling relationship.

Publication Year: 2010
Edition: 2nd
Author/Editor: Velleman, Richard and Aris, Sarajane
Publisher: Wiley
ISBN: 978-1-405-10610-8
Platform: Ovid
Product Type: Book
Speciality: Psychotherapy
Language: English
Pages: 320
Illustrations: 0