A user-friendly, hands-on guide to literature searching, which is an essential skill for all involved in health care research and development, researchers, and students from all disciplines.

The distinguishing feature of this pocket-sized searching skills book, like all the Toolkit series titles, is its user-friendliness. The guiding principle is that readers do not want to become librarians, but they are faced with practical difficulties when searching for evidence, such as lack of skills, lack of time and information overload. They need to learn simple search skills, and be directed towards the right resources to find the best evidence to support their decision-making.